

## TUESDAY

**ST MAWES** 12 noon-1pm (open by request) CHIT ☯ Church Rooms, Church of England, Church Hill TR2 5DP

**BODMIN** STEP 7.30pm (3<sup>rd</sup> open) ☯ CHIT  
St Mary's Parish Centre, St Marys Street PL31 1NF

**CAMBORNE** 7.30pm (4<sup>th</sup> open) CHIT  
Left rear of car park, Camborne Community Centre, South Terrace TR14 8SU

**FALMOUTH** 7.30pm (1<sup>st</sup> Open) ☯ CHIT  
Age Concern Day Centre, Killigrew Street TR11 3QP (opp rugby club)

**LISKEARD** Share Meeting 7.30pm (all open) ☯ CHIT Liskeard Town Hall, 3-5 West St, Liskeard PL14 6BW

**LOSTWITHIEL** 7.30pm CHIT (all open – 1<sup>st</sup> of month Step) The Platform, Lostwithiel Railway Station, Grenville Road, Lostwithiel PL22 0EW

**NEWQUAY** STEP 7.30pm (open by request) ☯ CHIT Trelawney Clinic, Cottage Hospital, St Thomas' Rd, Newquay TR7 1RQ

**PENZANCE** 7.30pm (4<sup>th</sup> open) CHIT  
Chapel Street Methodist Chapel Hall, Chapel Street TR18 4AW

**CARBIS BAY** 7.30PM (3<sup>rd</sup> open) CHIT ☯  
St Anta's Church, Porthrepta Rd, Carbis Bay TR26 2LD

**PENRYN** 7.30pm (open by request) 1<sup>st</sup> week of month Step , CHIT  
1<sup>st</sup> Door, Methodist Church Hall, The Terrace, TR10 8EH

## WEDNESDAY

**PENZANCE** Lunchtime Come & Go 1pm – 2pm (1<sup>st</sup> Week Step) CHIT (open by request)  
St John's Church Community Rm, Trewartha Terrace TR18 2HE (off Lescudjack Rd)

**WADEBRIDGE** Lunchtime “As Bill Sees It” 12.30 – 1.30pm ☯ CHIT (open by request) Wadebridge Christian Centre, Molesworth St, Wadebridge PL27 7DS

**HAYLE** Living Sober 7.30-8.30pm (all open) ☯ )  
Methodist Church, 6 Chapel Hill TR27 4JU  
(entrance through car park at rear of church)

**HELSTON** 7.30pm CHIT ☯ (1<sup>st</sup> Step, 2<sup>nd</sup> – Topic, 3<sup>rd</sup> – Big Book Study, 4<sup>th</sup> – Share) (open by request)  
The Guild Hall, Coinagehall Street, Helston TR13 8ST

**REDRUTH** 7.30 (open by request) CHIT ☯ (3<sup>rd</sup> Weds Step) Wesley Buildings, Wesley Street, Redruth TR15 2EG (entrance at rear of building)

**SALTASH IRREGULARS** 7.30 CHIT (open by request) Burraton Methodist Church, Janeva Court, Liskeard Road, Saltash PL12 4FD (car park at rear/side entrance)

**ST AUSTELL** 7.30pm (1<sup>st</sup> open) ☯  
Quaker Meeting House, High Cross St PL25 4AN

**ST JUST First & Last. 7.30 Open, Chit** ☯  
The Knut , Market Street, Opposite Royal British Legion , ST Just TR19 7HX

## THURSDAY

**TRURO** Lunchtime Come& Go 12.30pm CHIT ☯ (4<sup>th</sup> open) Our Lady of the Portal & St Piran RC Church Hall, St Austell St TR1 1SE (by Shell garage)  
**No dogs allowed except guide dogs and assistance dogs**

**BODMIN** 7.30 (open by request) ☯ CHIT  
St Mary's Parish Centre, St Mary's St PL31 1NF

**CAMBORNE** TUCKINGMILL 7.30 (all open) CHIT  
Meneghy House, East Hill, Tuckingmill Cross Roads TR14 8NQ (south of Pool/Redruth exit off A30 – back drive entrance by Lamorna Veterinary)

**LAUNCESTON** 7.30 pm (1<sup>st</sup> open) CHIT ☯  
Integrated Children's Centre, Coronation Park, PL15 9DQ

**PENZANCE** NEWLYN 7.30pm CHIT (1<sup>st</sup> open) ☯  
The Centre, Chywoon Hill, Newlyn, Penzance TR18 5AD

## FRIDAY

**CALLINGTON** You Have a Choice 7.30pm CHIT ☯ (all open) The Mustard Seed, Newport (car park available) PL17 7BS For those without transport pick up from Tamar Bridge Offices at 6.30pm

**FALMOUTH** 7.30pm (1<sup>st</sup> open) ☯ CHIT  
Age Concern Day Centre, Killigrew St TR11 3QP (opposite rugby by club)

**HAYLE** 7.30pm (3<sup>rd</sup> open) CHIT  
St Elwyn's Church Office TR27 4BT

**LISKEARD** 6.00 – 7.00pm Daily Reflections (open by request) CHIT Liskeard Town Hall, West St, Liskeard PL14 6BW (Please stay on for social half hour after the meeting)

**NEWQUAY** 7.30pm (2<sup>nd</sup> open) CHIT ☯  
Newquay Centre for Senior Citizens, St Michael's Road, TR7 1QZ

**PENZANCE** Topic 6.00-7.00pm ☯ (1<sup>st</sup> of month Step) CHIT (open by request) Salvation Army Hall, Queen St TR18 4BH

**TRURO** 7.30pm (Open on request) ☯  
All Saints Church, Tresawls Rd, TR1 3LD

**WADEBRIDGE** 7.30pm (4<sup>th</sup> open) CHIT ☯  
The Pre-school Building, Bowling Green Car Park, Egloshayle Rd PL27 6AE (situated in the playing fields)

**BUDE** 6-7pm STEP (all open) Ocean Community Centre,  
Berries Ave, EX23 8QE

## SATURDAY

**PENZANCE** Saturday Morning, 9.30-11.00 CHIT ☯ (all open) First Things First Big Book Study (Bring Your Big Book!) Salvation Army Hall, Queen St, Penzance TR18 4BH

**CAMBORNE** 7.30pm (4<sup>th</sup> open) CHIT  
Left rear of car park, Camborne Community Centre, South Terrace, Camborne TR14 8SU

**LISKEARD** 7.30pm (all open) CHIT ☯  
Morley Tamblyn Lodge (next to Trevillis House), Station Rd, Liskeard PL14 4EN (fork left past train station)

**PERRANUTHNOE** (5 miles from Penzance) 7.30pm (all open) CHIT ☯  
Church Hall TR20 9NB

**ST AUSTELL** 7.30pm CHIT ☯ 1<sup>st</sup> Sat in month Step (open by request) St John's Church Hall, Bodmin Rd PL25 5AE (rear left corner of church)

**TRURO Womens Group** 2-3.30pm ☯ (Non restrictive, open by request) Western House, Tabernacle Street, Truro TR1 2EJ

## SUNDAY

**NEWQUAY** Big Book Study 12 noon (open by request) CHIT ☯  
Trelawney Clinic, Cottage Hospital, St Thomas' Rd, Newquay TR7 1RQ

**PENZANCE** Sunday Lunch 2.00-3.30pm (1<sup>st</sup> Sunday open by request) ☯ CHIT  
Salvation Army Hall, Queen St, Penzance TR18 4BH

**POLPERRO** Sunday Lunch 12noon – 1pm (all open) ☯ CHIT  
Village Hall, Main St PL13 2RH (please use public car park)

**HELSTON** 4.30-6.00 (3<sup>RD</sup> open) CHIT ☯  
The Old Cattle Market, Porthleven Rd, Helston TR13 0SR

**CAMELFORD** 2<sup>nd</sup> Step 7.30pm (open by request) CHIT  
Methodist Church Market Place, Camelford PL32 9PD

**REDRUTH** 7.30pm (all open) CHIT ☯ (last Sunday in month Step)  
Wesley Bldgs, Wesley Street, Redruth TR15 2EG (entrance to rear of the building)

**CHACEWATER** The Three Legacy Audio Study Group of the 12 Steps, 12 Traditions & 12 Concepts 11.00 – 12.40 CHIT (all open)  
WI Hall, The Main Carpark, The Square, Chacewater TR4 8PY

**LISKEARD** 7.30pm (all Step) CHIT (all open)  
Methodist Church, Bay Tree Hill PL14 4BG



## WHERE TO FIND ALCOHOLICS ANONYMOUS IN CORNWALL

### Autumn 2019

### Directory of Meetings of alcoholics Anonymous in Cornwall (strictly confidential)

#### All enquiries & 24 hr helpline

**0800 9177 650**

Calls from landlines charged at local rate

Web: [www.aa-cornwall.co.uk](http://www.aa-cornwall.co.uk)

E-Mail: [info@aa-cornwall.co.uk](mailto:info@aa-cornwall.co.uk)

### OPEN AND CLOSED MEETINGS

All meetings are either **CLOSED** which means attendance is restricted to alcoholics and those who have, or think they may have, a drinking problem, or **OPEN** which indicates that non alcoholics may attend (usually monthly, on the week indicated in brackets) – all meetings are open by request unless stated all closed

☯ - Wheelchair friendly  
CHIT – Probation Participation  
Please notify any changes to  
[neilwtf3@gmail.com](mailto:neilwtf3@gmail.com) (preferably by email)

### AL-ANON

Al Anon National Helpline 0207 403 0888/Help for Family & Friends 0207 403 0888

## MONDAY

**BODMIN** Daily Reflections 12.30 – 1.30pm CHIT (open by request) ☯ St Mary's Parish Centre, St Mary's St PL31 1NF (from 1<sup>st</sup> April)

**TRURO** 7.30pm (open by request) ☯  
Our Lady of the Portal & St Piran, St Austell St, Truro TR1 1SE

**CAMBORNE** Tuckingmill 7.30pm (open by request) ☯ CHIT  
All Saints Community Centre, church view, off Pendarves St, Camborne TR14 8RQ

**CHACEWATER** Path to Spiritual Recovery 7.30pm (open by request) CHIT Main Car Park, The Square, Chacewater TR4 8PY

**LISKEARD** Big Book Study 7.30pm (all open) ☯ CHIT Liskerrett Community Centre, Varley Lane PL14 4AP

**PENZANCE** Newlyn 7.30pm (4<sup>th</sup> open) CHIT ☯  
The Centre, Chywoone Hill, Newlyn, Penzance TR18 5AD

**BUDE** 12.30-13.30 CHIT (all open)  
Neetside Community Centre  
Room 18  
Bude EX23 8LB  
No meetings on Bank Holiday Mondays